

Safeguarding On A Page

Key Safeguarding Information for all pupils



What is safeguarding and why is it so important?

Safeguarding means protecting ourselves and each other from harm so we can live a happy and healthy life.

There are times when you (or your friends) may feel like you need support with situations at school, at home or in your personal life. **There are staff in school who can help.**

We are always ready to listen and nothing is off limits- remember, nothing can embarrass us and chances are we have dealt with it before!

Who Can I Talk To?

If you are worried about yourself or someone else, remember you can always talk to your **DoL or Form Tutor.**

There are also Designated Safeguarding Leads in school who are always ready to listen...

Designated Safeguarding Leads in School



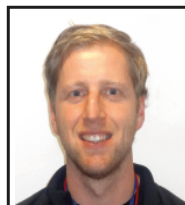
Tori Thompson-Boyle
DSL



Dave Kelly
KS3-DDSL



Lauran Underwood
KS3-DDSL



Matt Lockett
KS4 DDSL



Fiona McMahon
KS4 DDSL



Jacqui Barnes
KS5 DDSL



Ruhee Ahmed
S/G Officer



Amber Ryan
S/G Officer

I'm ready to listen...

You can talk to **ANY** member of staff at The Blue Coat but if you are unsure, look out for signs like this on doors- this lets you know that the person inside that office is always ready to listen.

For most young people in school, the person they will feel most comfortable speaking to will be their form tutor- but this might not be everybody. Have a think about who 'your person' is. Who would you feel most comfortable talking to if you had an issue?

Who is my person?

You may have heard of the word 'CPOMS'. This is nothing to be worried about.

If staff are worried about you, they add it to CPOMS which is a confidential messaging service in school. This is monitored by the Designated Safeguarding Leads in school and they will act to keep you safe.



Not ready to talk but still need some support?



<https://www.kooth.com/>

An online mental wellbeing community where you can access free, safe and anonymous support



ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Free and confidential help for young people in the UK

CEOP.police.uk



Worried about online sexual abuse or the way someone has been communicating with you online? Make a report to CEOP



fighting for young people's mental health

<https://www.youngminds.org.uk/>

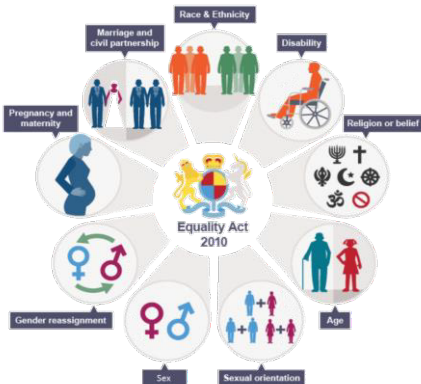
A website providing young people with tools to look after their mental health

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A Culture of Safeguarding: Diversity, Equity and Belonging.



The Blue Coat is a safe place where all pupils are listened to and celebrated.

We respect and uphold people's protected characteristics such as race, gender, sex, sexual orientation, religion, belief, disability.

Everyone is entitled to their own identity and as a community we should look after and support one another to be who they want to be.

You play a huge part here- it is important you think about how you celebrate others and how you demonstrate appropriate behaviours towards one another. We should always treat people with compassion and kindness.

Equality is everyone getting a pair of shoes.

Diversity is everyone getting a different type of shoe.

Equity is everyone getting a pair of shoes that fits.

Acceptance is understanding we all wear different kinds of shoes.

Belonging is wearing the shoes you want without fear of judgment.

I did then what I knew how to do. Now that I know better, I do better.

Sometimes we **make mistakes**- we might say the wrong thing or behave in a way that is inappropriate and wrong. This is part of growing up and we anticipate that people will make mistakes occasionally. But it is important that we **educate ourselves** and when we know better, it is important that we do better. We also need to be ready to take responsibility for our actions and learn from them.

Staff will **challenge inappropriate behaviours** but they will also support you.

If we think our words or actions are going to **offend, target or isolate someone, we don't say or do it**. However, sometimes things can be unclear. If you're ever unsure about the types of things you can or can't say or the types of behaviours you should or shouldn't demonstrate, **ask a member of staff and we can support you**. There is always a safe space to ask questions.



Maya Angelou



Removing the 'grey areas' - let's be really clear about what you cannot do

Sexual Harassment and Violence

There should be no non-consensual touching

We must not use sexualised language or name calling

We must not ask for, post or send inappropriate pictures

Racism and Intolerance

STOP RACISM

There must be no racial or discriminatory language

We should never single anyone out

We should not make generalisations around races, religions or cultures

LGBTQA+

We must not use homophobic or discriminatory language

We must not exclude people

We must not harass, pressure or intimidate people

We learn about lots of topics like this in Wellbeing but if there are other topics you'd like to learn about in Wellbeing speak to Mrs Thompson-Boyle.